



Knights of Columbus

Msgr. Martin B. Power Council 14573



March 2024

Council Officers

Grand Knight
SK Dave AmRhein
(321) 591-6697

Chaplain
SK Fr. John Bosco Maison
(321) 254-1595

Deputy Grand Knight
SK Jose Montes
(321) 795-8171

Chancellor
SK Jose Cardet
(321) 917-0447

Warden
SK Bobby Sullivan
(321) 223-2473

Recorder
SK Bob Richmond
(321) 298-3884

Financial Secretary
Brother Richard Becker
(561) 523-0499

Treasurer
SK Randy Lascody
(321) 626-0804

Inside Guard
SK Joe Ameigh
(321) 242-0694

Outside Guard
Brother Richard Cervala

Advocate
SK Frank Conley
(321) 255-2392

Lecturer
SK Deacon Chris Meehan
(321) 242-8003

Trustee (1 year)
SK Rob Light
(321) 626-9641

Trustee (2 year)
SK Eddy Merlet
(954) 882-3687

Trustee (3 year)
SK Bill Quinn
(321) 917-8413



From the Grand Knight



Worthy Brothers and Sisters,

My sincere Thank You to the many Knights and Ladies Auxiliary members who volunteered for activities in February.

The month started with the Ascension Polar Plunge Team of Fr. Zach, Bobby Sullivan, Jim Voltaire and Joe Ameigh taking a dip in very cold water for a worthy cause. Paul Karacz coordinated the event but could not participate due to an illness. Several Ladies made sure the pool was properly prepped by adding a bag of ice! \$2,337 was raised, exceeding the \$2,000 goal. Proceeds support Special Olympics Florida.

Thank you to Joe Ameigh, Jack Duggan, Eddy Merlet, Bill Quinn and Dave Reeve for the Ministry Fair setup and teardown. Thank you to Jim Peak, Rich Passarella, Bob Richmond, Jose Montes and Bill Quinn for covering the Knights of Columbus table at the Fair. We had three men signup to learn more about the Knights.

Thank you to John Pechar, Joe Ameigh, Jack Duggan, Bob Richmond, Ric Robinson, John Miller, Bobby Sullivan, and Chet Poeta for supporting the ACCW Shrove Dinner on Tuesday, February 13th. I received several complements on the traditional meal of pancakes, scrambled eggs and sausage.

Thank you to Jose Montes, Mike Marzec, Nick Cavano and Bob Richmond for representing the Council at the District and Regional Free Throw Challenges held at MCC. Four Ascension students advanced to State level competition scheduled for March 9th.

As always, I hope you find an opportunity to utilize your unique skills by supporting one or more of the many diverse Council events we hold throughout the year

Vivat Jesus,

**SK Dave AmRhein
Grand Knight**

The next monthly Council meeting will be held on March 21 at 7PM in the Knights Room. Power Rosary at 6PM in Our Lady's Chapel.



Notes from the Grand Knight (continued)

A very special thank you to Frank Conley, Penny, daughter Patty and son-in-law Brian for many years leading Wonderful Wednesdays. Frank has decided to step down from leadership. They were involved for 26 years, the last 13 as the primary Council fundraiser. Proceeds were used to fund Council charitable contributions, scholarships and seminarian support. Wonderful Wednesdays also provided a social opportunity for the parish. Frank, Penny, Patty and Brian are leaving an incredible legacy. We are fortunate that Frank is still leading the Lenten Fish Dinners this year. More to come on the future of Wonderful Wednesdays.

Saint Patrick's Day Party. The St. Patrick's Day Party planning is coming together nicely. Thank you to Jose Cardet and Ginny Reader for leading this first ever party at Ascension. And thanks to all who have assisted with ticket sales. The event will be held on Friday, March 15th from 6 to 10 PM. This is effectively a regular Fish Fry dinner enhanced with a party. Irish Step Dancers and the Space Coast Highlanders will perform and DJ Harry Merlet will be there with an Irish music playlist. An extensive dinner with Fish and Chips,

Tuna Casserole, a hearty Irish Vegetable Soup and Irish Soda Bread (for those who don't prefer fish), coleslaw, dessert, hot and cold drinks. Soda, beer, wine and Irish coffee for purchase. Tickets are \$25 per person for dinner and entertainment and you can also buy your tickets online. Additional details including how to purchase your ticket online are provided on the Council web site [here](#). If you don't plan to assist with the party please consider coming as a guest. It will be a lot of fun. Proceeds go to the Council benevolent fund.



Council and Assembly Shirts. The Council, Assembly and Ladies Auxiliary continue to use the embroidery services of Lady Joyce Defusco for shirts — and Joyce does an outstanding job! Since no reliable online source has been found for shirts, we are going back to using our local source — Bartman. This company is owned and operated by a brother Knight and has proven to be very reliable in the past. The quality and service is excellent, so give them a try for Council and Assembly shirts and other clothing. You can order the shirt to your specifications yourself by visiting their website, calling, or visiting their shop. Any Knight shirt, hat, or other item or clothing can be ordered from Bartman and can also be embroidered to your specifications. You can [Visit Bartman here](#).

Tee shirts and hats can be ordered directly from the Knights online store and have Joyce embroider them if desired. See John Autio for more information on Assembly or Council shirts and hats.

Ascension Catholic School. Some remaining events planned to support the students this current school year:

- **MCC Scholarships (May)** - The Knights offer three scholarships to graduating 8th graders planning to attend MCC. The school administration selects the students. For the past few years we offered two scholarships. This year we added a third Fr. Tobin Memorial Scholarship.
- **Teacher Appreciation Luncheon (May)** - Knights offered BBQ for the teachers and staff in appreciation for another successful school year.

Through these programs we can look forward to supporting the ACS students and to further strengthen our partnership with the school throughout year.



Free Throw Competition

During the month of February the Knights of Columbus held the District and Regional Free Throw competitions at Melbourne Central Catholic. At the District level Ascension Catholic School brought in 12 competitors from the local competition. This year we held the local competition in conjunction with school PE classes and gave every 9-14 year old in the school a chance to compete. District Deputy SK Pat Farelly presented awards to all winners. So first, a recap of the local winners:

9-year-old Girls	Lia Yemm
9-year-old Boys	Troy Seliga
10-year-old Girls	Wavy Dutra
10-year-old Boys	Dalton White
11-year-old Girls	Marley Myers
11-year-old Boys	Boston Crocker
12-year-old Girls	Holly Schmitt
12-year-old Boys	Destin Roeder
13-year-old Girls	Sofia Carter
13-year-old Boys	Gabriel Neuman
14-year-old Girls	Keira Reynolds
14-year-old Boys	Connor Potomski

District winners from the competition held at MCC on February 10.

Wavy Dutra



Holly Schmitt



Gabriel Neuman



Connor Potomski



Regional winners from the competition held at MCC on February 24.

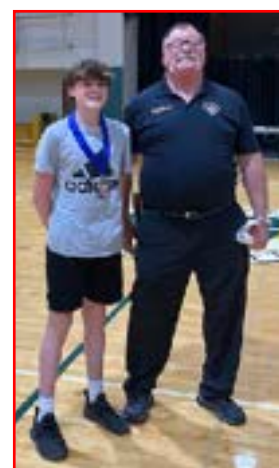
Wavy Dutra



Gabriel Neuman



Connor Potomski



Keira Reynolds

Good luck to our Regional winners in the State competition set to be held at MCC on March 9.

GO EAGLES!



Birthdays for March

Heavenly Father, We praise You for all Your gifts to us. In a special way,, we thank You for our brothers as they celebrate their birthday. Bless them always in Your love. Bless us too, Holy Father, Help us all to praise You and give You glory Through Jesus Christ our Lord. Amen.

Deacon Sergio Colon-Velez	3
Arthur Navarro	3
Darrel Keim	4
Robert Lang	6
Walter Aucoin	9
Javier Nieves	10
Michael Smith	13
Geoffrey Schmits	15
Sam Zeidan	15
Ronald Bourque	16
Michael Pirolo	16
Andrew Vernon	17
Andrew Whelan	19
Robert Bunton	21
Matthew Long	23
David Garcia	24
Nicholas St Gabriel	25
Khuong Ngumen	26
Joseph Tocco	26
Robert Baird	28
Brian Ellerhorst	30
George Luniw	30
David Humes	31

You can find the Ascension 14573 Monthly Newsletters
[here on the Ascension Knights Council & Assembly Website](#)



March Activity Calendar

**March
2024**

COUNCIL ACTIVITIES

Monsignor Martin B. Power Council #14573
Council Email: ascension14573@gmail.com



Council #14573 – 2009/10/11/12/19 Florida State Council of the Year

DATE	TIME	EVENT	CHAIR
Fri 1 st	0900	Highway Cleanup (Knight's House)	SK R. Lascody
	1500	Lenten Fish Fry (Parish Hall)	SK F. Conley
Sat 2 nd	0900	Laps for Life (MCC Track)	J. Barfield
	1630	Corporate Communion	WGK D. AmRhein
Sat 2 nd / Sun 3 rd	All Masses	Food for the Poor/ Red/Assembly Shirt	SK J. Kelly
Sun 3 rd	1345- 1500	Life Chain (Corner of Wickham Rd & Pineda Cswy)	SK B. Sullivan
Thu 7 th	1900	Assembly Meeting (Rm 312)	WFN J. Pechar
Fri 8 th	1500	Lenten Fish Fry (School Cafetorium)	SK F. Conley
Sat 9 th	0715	Pray for Life (In Orlando, Meet at North Melbourne Home Depot)	SK R. Sepulveda
	1000	State Free Throw Competition (MCC Gym)	SK D. Blair
Thu 14 th	1830	Council Officers Meeting (Rm 312)	WGK D. AmRhein
Fri 15 th	1800	St. Patrick's Day Party (Parish Hall)	SK J. Cardet Lady G. Reeder
Sat 16 th	0730	Special Olympics Summer Games (Holy Trinity HS Athletic Field)	SK P. Kuracz
	0900	St. Patrick's Day Parade (Downtown Melbourne)	SK Eddy Merlet
Wed 20 th	1830	Assembly Officers Meeting (Rm 312)	WFN J. Pechar

DATE	TIME	EVENT	CHAIR
Thu 21 st	1800	Power Rosery (Our Lady's Chapel)	SK B. Sullivan
Thu 21 st	1900	Council Meeting (Rm 312)	WGK D. AmRhein
Fri 22 nd	1500	Lenten Fish Fry (Parish Hall)	SK F. Conley
Sun 24 th	1030- 1300	Daily Bread (Fee Avenue)	SK R. Robinson

LOOK AHEAD

DATE	TIME	EVENT	CHAIR
April 30 th	1800	Deployed Service Member Family Appreciation Dinner	SK WFN J. Pechar
May 18 th – June 16 th	All Masses	Baby Bottle Campaign	SK J. Autio
May 24 th - May 26 th		Florida State Convention	WGK D. AmRhein

***Please provide inputs for the monthly council events to Jose Cardet at: fso123788@cfl.rr.com

Near Term Important Dates at Ascension Parish:

Mar 2nd/3rd: Women's CRHP Retreat

Mar 4th-6th: Parish Mission

Mar 16th/17th: Men's CRHP Retreat

May 10th: Feast of the Ascension Festivities Start

Each Wednesday: Holy Hour (1700-1800)

Activity Chairmen Phone Numbers:

WGK Dave AmRhein	321-591-6697
WFN John Pechar	321-431-0982
SK Randy Lascody	321-626-0804
SK Ric Robinson	321-501-6772
SK Rey Sepulveda	321-255-3706
SK Frank Conley	321-255-2392
SK Bobby Sullivan	321-223-2473
SK Jose Cardet	321-917-0447
SK Paul Kuracz	321-223-5627

[Click here](#) to view the latest Activity List.

[Click here](#) to subscribe to the Council and Assembly Calendar. Calendar.



+ THE 4TH DEGREE +



+ PATRIOTISM +

Assembly Officers

Faithful Navigator

John Pechar
(724) 263-0273

Faithful Friar

Fr. John Bosco Maison
(321) 254-1595

Spiritual Advisor

SK Deacon Tom Stauffacher
(321) 242-4504

Faithful Captain

Bill Quinn
(321) 917-8413

Faithful Pilot

Rob Light
(321) 626-9641

Faithful Admiral

Rich Passarella
(321) 431-0982

Faithful Comptroller

Randy Lascody
(321) 626-0804

Faithful Purser

Elmer Rivera
(787) 619-7684

Faithful Scribe

Bob Richmond
(321) 298-3884

Faithful Inner Sentinel

Bobby Sullivan
(321) 223-2473

Faithful Outer Sentinel

Joe Ameigh
(321) 242-0694

Trustee (One Year)

John Miller
(321) 794-6620

Trustee (Two Year)

Eddy Merlet
(954) 882-3687

Trustee (Three Year)

Jim Chatman
(321) 223-8963

Color Corps Commander

Eddy Merlet
(954) 882-3687

BISHOP NORBERT M. DORSEY CP ASSEMBLY #3482



From the Faithful Navigator



February 1st. The funeral mass for Brother Robert Foster was celebrated at Ascension Catholic Church. Members of the Color Corp in Regalia led the procession for the mass and participated with the internment ceremony afterwards. Thanks to everyone who attended.

On February 12th at 7pm as part of their regular meeting, Ascension scout Troop 373, under the leadership of Scout Master SK Tony LaManna participated in a ceremony of the proper retirement of a worn or damaged US flag. Over 40 scouts, scout leaders and parents participated in the ceremony. I would like to thank Sir Knights John Autio, John Miller, Rich Passarella, Bob Richmond, and Bobby Sullivan for their help with the event. The scouts folded over 100 damaged flags. Not one flag touched the ground in the process. The flags will be delivered to Beach Funeral Home located in Satellite Beach Florida. The funeral home will place one of the flags in the casket of a veteran being cremated. Most of the flags turned in for disposal are made from polyester or nylon blends which cannot be incinerated in our outdoor retirement area due to the toxic fumes.

Many attending were impressed with how well organized the scouts were, in the respectful manner they demonstrated during the folding process of the flags to be transferred to Beach Funeral Home. The flag retirement ceremony concluded with the folding of the designated flag and placing it in the fire while taps played followed with the singing of our National Anthem. These Scouts are our future leaders, I was proud to witness the Patriotism they demonstrated.

Looking forward to seeing everyone at our next assembly meeting.

Vivat Jesus

SK John Pechar
Faithful Navigator
Assembly 3482

Next Assembly meeting is April 4, 7PM, in the Knights Room.



Faithful Navigator Report (Continued)

On Monday February 27, I met with Isabel Vieira, Funeral Director at Beach Funeral Home, 1689 South Patrick Drive, to deliver over 75 flags to be retired by cremation with a veteran. From the first time she was approached about our program she was very supportive. And offered to include one flag with each veteran. I presented her with a copy of our Retirement program script to share with any family members of veterans interested and to see how we honor our veterans and the symbols of our great nation.

A mass marking the anniversary of the passing of Bishop Norbert Dorsey who died on February 21, 2013, was celebrated in his honor at Ascension Catholic Church. Part of his career bishop Norbert Dorsey held the office of Florida State Chaplain from 1998-2001. Our Assembly, named in his honor, will be celebrating its 10- year anniversary on June 6th of this year.



At 11:00 am on February 16th a Catholic Burial mass was held for Robert R Carsetia, Son of SK Ralph Carestia at South Patrick Chapel in Satellite Beach Fl. Attending the ceremony were members of both council 14573, Assembly 3482 and ladies auxiliary with Members of Color Corp in Regalia participating in the ceremony.

On March 9th, SK Bill Quinn, SK Rich Passarella and I will be escorting Brother Dave Reeve to St. Francis Cabrini Catholic Church in Parrish Fl. To attend the exemplification into the fourth degree, The Patriotic Degree.

Patriotism, the word comes from the Latin word “patria” which means father. Patriotism is love of one’s fatherland “Country” as well as love for your fellow children of that land.

Part of our responsibilities as Knight’s is to foster Patriotism by taking on leadership roles on important national and moral issues. We do this to make our nation under God a country that supports and defends the God given rights of all mankind both born and unborn.

With our national elections on the horizon, we Patriotic Knight’s help facilitate voter turnout. Under the leadership of SK Rich Passarella our assembly participates in the election process. His position as Clerk of precinct 427 involves managing all operations of the polling place. It’s a job that demands long hours and responsibility. I thank Rich and all the brother knights that help with this important Patriotic function.

UPCOMING ACTIVITIES

The Biannual Meeting of the Florida District will take place on March 23 hosted by Monsignor Bishop Assembly 0162 at Monsignor Bishop Council 2112 Orlando Florida. The meeting is held to put forth resolutions to changes to existing articles of the by-laws, supreme or district policies, new policies, and procedures. Florida State Master John J O’Toole will conduct the meeting. Also, endorsements for consideration for the position of District master as Florida State master John J O’Toole is at the end of his term.



On February 20th Ascension Assembly 3482 Color Corps along with several other local Assemblies and State Officers attended the funeral mass for Father Bob Hoeffner and his sister Sally Hoeffner at St. John the Evangelist Catholic Church in Viera. The celebrant was Bishop John Noonan, Bishop of Orlando. Over 50 priests, clergy and deacons were in attendance with over 40 Knights of Columbus Color Corpsmen including Ascension Assembly 3482 and other Assemblies and State Officers. Our Assembly was led by Color Corps Commander SK Eddy Merlet with Sir Knights: Jim Chatman, Peter Griffith, Ric Robinson, Ed Barry, Elmer Rivera, John Miller, Rob Light, Joe Ameigh and Rich Passarella. Thanks to the Members of council 14573, Assembly 3482 and ladies auxiliary who attended.



2024 ASSEMBLY PLAN OF ACTIVITIES

MARCH 17	ST PATRICKS DAY PARADE	CCC-SK EDDIE MERLET
APRIL	VIETNAM TRAVELLING WALL LAYING OF WREATH ASSEMBLY AND COLOR CORP	SK BOBBY SULLIVAN CCC-SK EDDIE MERLET
April 30	Deployed Spousal Dinner	SK Rich Passarella
APRIL	ROUNDTABLE WITH FR JOHN BOSCO	CHURCH OFFICE
MAY 1	PREPARE FORM TBP-1 TO BE A PATRIOT AWARD	FN JOHN PECHAR
MAY 4 4:30	QUARTERLY COUNCIL CORPORATE COMMUNION MASS Color Corp CCC SK Eddie Merlet	GN DAVE AMRHEIN
MAY 16	MAY CROWNING COLOR CORP	CCC-SK EDDIE MERLET
MAY 31	MEMORIAL DAY CEREMONY AT SHADY OAKS?	FN JOHN PECHAR
MAY	TO BE A PATRIOT AWARD FORM TBP-1 DUE MAY 31	FN JOHN PECHAR
JUNE 1	PREPARE FORM 2321 CIVIC AWARD APPLICATION DUE JUNE 30	FN JOHN PECHAR
JUNE 8 4:30	ASSEMBLY CORPORATE COMMUNION MASS CELEBRATION OF BISHOP NORBERT DORSEY CP ASSEMBLY 3482 10 YEAR ANNIVERSARY FOUNDED JUNE 6 TH 2014	CCC-SK EDDIE MERLET



Flag Retirement Ceremony





Flag Retirement Ceremony





Chaplain's Message From Father Zach Parker

Father Zach started with a reference to his recent Polar Plunge for Special Olympics. May not be Wisconsin but Father Zach grew up in Florida so the water was indeed cold — and a great way to enter Lent with fortification. He brought up the trait of most Catholics that we often do things that are hard. As Catholics we need to challenge ourselves — not just accept things as they are. No, as men and brother Knights, we are charged to challenge things around us that are not right — to fight against the evils in the world. We have a duty and responsibility to face those challenges. And the best way to do that is through spiritual warfare. And one of the best weapons we have is charity, Almsgiving and fasting. Not just fasting when it comes to food but in what things we are using and how we are using them — are we using resources in the most efficient way? So we can engage in the world and fight the lies that are told around us — especially those lies that define us by how much stuff we possess. But we must fight against those lies and say that we are not slaves to worldly possessions. So this Lent, engage in this battle in a new way or just by doing an assortment of different things. An opportunity to rekindle our desire to know who we are — beloved sons of the Heavenly Father.



Assembly Spiritual Advisor's Message from SK Deacon Tom Stauffacher

And they went into Caper'naum; and immediately on the sabbath he entered the synagogue and taught. And they were astonished at his teaching, for he taught them as one who had authority, and not as the scribes. And immediately there was in their synagogue a man with an unclean spirit; and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. And they were all amazed, so that they questioned among themselves, saying, "What is this? A new teaching! With authority he commands even the unclean spirits, and they obey him." And at once his fame spread everywhere throughout all the surrounding region of Galilee. (Mk 1:21-28)

This Gospel was kind of a scary story in terms of those of Faith during the time Jesus was alive having to do with possession by demons — possession was a very serious malady back then. Jesus was approached by a man and Jesus sees that the only way to cure the man is to show that the demons have gone out of him. Jesus wanted to give the man deliverance and that is what He did. And he did this with the death of 2000 pigs. So that gives one pause to think about that a bit — pigs are a renewable resource — sure that is a lot of pigs and that could be a problem from an economic standpoint but the gestation period for a pig is 3 months, 3 weeks and 3 days.. So from that standpoint, pigs are a fairly renewable resource so Jesus sent the 2000 pigs over the hill to release the demons from the man. We don't really need to dwell on that too much and in the end, Jesus sent the man home rather than allowing him to hang out with Him. So why didn't Jesus want the man to stay with Him after he was cured? The man was a witness — a living walking, talking unanswerable demonstration of what Jesus can do for us — unanswerable proof in this recreated man of the power of God.



So how does that apply to us as Knights? We are not generally possessed by demons — and we certainly don't need to kill 2000 pigs on our behalf. So what is the deal for us? It applies to us for the miracles that we see. We see a miracle every time a child is born. Miracles every time someone is cured from skin cancer. We can be healed and that in itself is a miracle. Simple things can be miracles. Having to deal with difficult people — each other — our clergy and other people we deal with on a daily basis. And we do that and it too is a miracle showing the power of Christ. You may not think it is a miracle but it is as we are all living, walking, talking witnesses to what Jesus can do for us through the power of prayer. So by what we do and the attitude we communicate with people around us, we are all witnesses of the power of Jesus and what he can do for us.



A History Lesson for Black History Month

SK Deacon Chris Meehan

February marks Black History month. Deacon Chris wanted to share a story about someone whose lifetime efforts were extremely important to Brevard County even though she never lived here. This person was born in 1918 and died at 101 and her name is Katherine Johnson. She was born in West Virginia — a brilliant woman by any standard. Attended High School at the age of 13 and graduated at the age of 14. She graduated college at the age of 19. She became a brilliant mathematician. But how does this relate to us here in Brevard County?

Her work with NASA beginning in 1953 and over the course of her 33 year career was instrumental to the success of our space program.

To learn more about Katherine Johnson — you can read her biography here:

[Biography of Katherine Johnson](#)

An example of just how important Katherine Johnson was to the early space program is provided by astronaut John Glenn and the first orbital mission of Friendship 7 on February 20, 1962. Calculations for the orbit were entered into computers at tracking stations around the world. But these early computers were not something John Glenn wanted to completely rely on for the success of his mission. So John Glenn asked his engineers to “get the girl Johnson to run the equations by hand.” And this is what she used — a Monroe mechanical calculator similar to this to make those calculations. John Glenn added that “if she says they are good, than I am ready to go..”



Additional information here:

[Katherine Johnson: Pioneering NASA mathematician](#)

To learn more about contributions of Black women to our space program, watch the movie **Hidden Figures**:

The film “Hidden Figures,” based on the book by Margot Lee Shetterly, focuses on three African-American women who were essential to the success of early spaceflight.



Monthly Council Meeting



Special presentation to SK Frank Conley and Lady Penny, daughter Patty, and Son-in-Law Brian for their tireless service to the Wonderful Wednesday program. Frank will be turning in his "Knight in Charge" apron before the summertime schedule begins. They will be missed after devoting 26 years providing dinner for Ascension parishioners — 13 of them run by our Knights. GK Dave estimates that the dinners have provided over \$100,000 to our treasury over the years. Now it is time for Frank and his family to be treated to dinner at one of our fine Space Coast restaurants. Thank you Frank, Penny, Patty and Brian.



2024 Polar Plunge Crew



**Assembly Supreme Award
SK Rich Passarella — Civic Award**



A component of the Food for Families Program

“For I was hungry and you gave me something to eat...” – Matthew 25:35

The goal of Food for Families is to ensure that as few as possible go to bed hungry each night. Our Council supports this program in various ways – collecting food at Trunk or Treat and the Parish Picnic, and by having the 40 Cans for Lent program. Last year the 40 Cans for Lent program alone brought in about 6700 cans of food. Our goal this year is 10,000 cans.

How does this work? Simply stated, 40 Cans for Lent is donating one can of food per day during Lent which will be given to our social concerns food bank. The sooner we get the word out the more pledges we should get. Ask your friends, your small Christian Community group members, your CRHP friends, etc. to participate. My wife Susan and I pledge to give one can each, per day, during Lent for a total of 80 cans of food for the poor. Please help to get the word out!

For every \$500 or 1,000 pounds of food donated, the Supreme Council will refund \$100 back to the council – up to a maximum of \$500 per council per fraternal year. With enough pledges, we can double that \$500 to \$1,000 by submitting numbers thru the Council and the Assembly. All money goes to our own Social Concerns Food Pantry. Susan, along with many of you, volunteer there – the need is real.

To accept this challenge, please email me [dougblair54@gmail.com] or text me [321-412-2191] your name and the number of cans you commit to bring to the church during Lent. Alternately, you can drop your donations off at Social Concerns Monday – Friday between 9 – 11 am.

Feeding the hungry is a perfect example of a corporal work of mercy that will make a wonderful impact on the less fortunate.

SK Doug Blair
State Youth Director

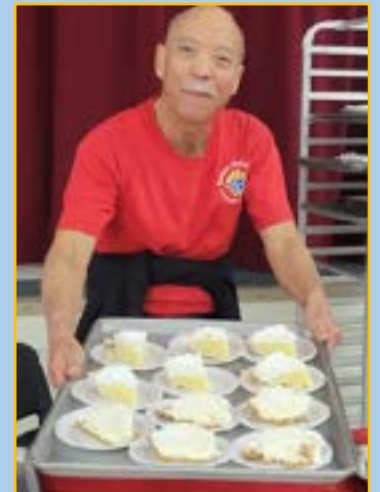
P.S. This is the 11th year that the Blair's have led this program. We are looking for someone to take over this rewarding program. The time commitment is minimal. We will train.



Wonderful Wednesday

We finished out the Winter Wonderful Wednesday program on February 7. We are now into the Lenten Friday Fish Frys. There is good news on the Wonderful Wednesday front. We had dismal attendance during the Fall meals. This is a major money maker for the Council and has provided most of our financing over the past 13 years. So we began an accelerated advertising campaign spearheaded by WGK Dave and the results have paid off. We had 5 Wonderful Wednesday dinners during the winter sessions which brought in over \$2000. We have certainly made more in the past but this was far and above what we made in the fall.

So our next big Wonderful Wednesday challenge will be to fill the very large shoes of SK Frank Conley as he moves out of the limelight of Wonderful Wednesday. More of this to come as we will need to make a decision on the Spring Wonderful Wednesdays before the end of Lent. We will get through Friday Fish Frys with Frank but will need to figure out our best options to continue with Wonderful Wednesday before we start them up again. This is a major money-maker for the Council so we will need to come up with a plan that will work for the Council.





Friday Fish Frys

Starting Friday, February 16th, the Knights of Columbus began their annual Lenten Friday Fish Frys. Your choice of fried or baked fish, mac n' cheese or tuna noodle casserole, french fries, coleslaw, simple desserts, hot and cold drinks for only \$12 (\$6 for children under 12). Dinner is served around 6:00 PM (after Stations of the Cross). To properly plan for the meal please make your reservation by calling the church office at 321-254-1595 and press 1 or sign up online by selecting this [link](#). Reservations close at noon on Thursday. Proceeds are used for the council's charitable donations, scholarships, seminarian support and operations.





From the Ladies Auxiliary President

Lady of the Month — Margaret Ann Davis

Margaret Ann is Vice-President of the Ladies Auxiliary. She is involved in many Parish Ministries. She is a Member of the Prayer Shawl Ministry, Lectors, Eucharistic Ministers, Adoration Chapel, Outreach Committee of the Parish Council, Founding Member of 7 Sisters, Family Promise, Bereavement Ministry, CRHP and I'm sure I'm leaving a couple out. Margaret Ann is always there to help when needed, The Ladies Auxiliary and I appreciate everything you do.



Feb 3rd -4th Food for the Social Concerns-Red Shirt weekend

Feb 4th Life Chain

Feb 9th Polar Plunge

Feb 10th Pray for Life-Orlando

Feb 10th District Free Throw Competition

Feb 10th-11th Ministry Fair

Feb 15th Power Rosary

Feb 15th Monthly Meeting

Feb 16th and Feb 23rd Fish Fry

Feb 17th-18th 40 Cans for Lent sign up

Feb 24th Regional Free Throw Competition

Feb 25th Daily Bread

Thank you to all the Ladies who participated in the events above. You are the very Best!

God bless

Jan O'Bryan-Wilson
President, Ladies Auxiliary

Save Lives!!!!!!!!!!!!!!



INSURANCE FIELD AGENT



**Knights of
Columbus®**



Happy Easter & Ethics!!!

Happy Easter! Easter is the very end of March, the 31st, so I will take this time to hope you conclude your Lenten observances with a celebration of the Resurrection!

March is also Ethics Awareness Month for the insurance industry. Oxford Languages defines ethics as “moral principles that govern a person’s behavior or the conducting of an activity” In many professions there is an ethical code that practitioners are to observe. In medicine, we’ve boiled down the Hippocratic oath to, “First, do no harm.” Attorneys have the American Bar Association’s “Model Rules of Professional Conduct.” In psychology there are codes of conduct for both treatment and for research.

The insurance industry is no different. Here at the Knights of Columbus I think all members are familiar with our founding principles: Charity, Unity, Fraternity, and Patriotism. These have been ingrained in us. However, there are also four Core Values that all who represent the Knights subscribe to. By “represent the Knights” we include Supreme Officers, employees, independent contractors like me, and other vendors and contractors who are expected to live up to our four Core Values. From our Code of Ethics and Conduct handbook the Core Values are these:

Integrity: Firm adherence to ethics, honesty, and a moral code.

Professionalism: Promoting the highest standards in all we do.

Excellence: Leading by example and constantly striving to be the best.

Respect: Treating each other with the highest regard.

I consider it an honor to be assigned to serve your council and I take seriously my responsibility to care for each of you members. Furthering Blessed Michael McGivney’s vision of caring for the widow and orphan is my goal.

I hope to always live up these Core Values in all my work with the council and with each and every one of you.

Vivat Jesus!

John Barfield FICF, MDRT

1900 S. Harbor City Blvd.

Suite 321

Melbourne, FL 32901

www.johnbarfieldkofcbenefits.com

Email: john.barfield@kofc.org

Office Ph#: 321-294-3086

Personal Ph#: 407-433-5421



Around the Ascension Community

Highway Cleanup — February 2



Daily Bread — February 25



Shrove Tuesday



The cheerful Knights of Columbus agreed to cook for the ladies of Ascension parish. The Council of Catholic Women sponsored a pancake dinner on Shrove Tuesday. Fr John spoke of his favorite season of lent. 95 guests, plus the 20 workers shared the meal. Five new members signed up for ACCW.

Just in case the Polar Plunge water is not cold enough....





Knights of Columbus®

Dear Brother Knight,

Two years ago, on Feb. 24, 2022, millions of Ukrainian men, women and children had their lives upended as war began. Many of those men were members of the Knights of Columbus, which has had councils in Ukraine for more than a decade.

That fraternal bond, along with our commitment to Blessed Michael McGivney's vision of caring for the widow and orphan, is why we remain with our Ukrainian brothers and their families today.

Watch Supreme Knight Patrick Kelly's video message for members, and as we mark the war's second anniversary, let us pray for peace and continue our work of bringing hope and aid to the victims.

Watch Video

The Supreme Knight was also recently featured in [Vatican News](#), reminding the Church that "we need to be a sign of God's love" to the Ukrainian people.

Want to learn more about our humanitarian work or how the war affects brother Knights and their families, parishes and communities?

- [Watch this powerful video](#) highlighting the Knights' impact in Ukraine and Poland throughout 2023.
- Did you know the Knights, along with other Catholic organizations, are banned in a Russia-occupied territory of Ukraine? Read more in this recent [article from Our Sunday Visitor](#) – and learn why our Director of International Growth in Europe thinks this is a sign the Knights are living out their mission.
- Check out our [2022-2024 stewardship report](#), which outlines how donations to the Ukraine Solidarity Fund have provided life-saving assistance to vulnerable families.
- [Pray a novena for Ukraine](#), written by a Ukrainian friend of the Order. The reflections and prayer intentions are a sobering view of the war's devastating impact on these communities.
- Visit www.kofc.org/ukraine for additional impact stories, an interactive map of the Knights' presence in Eastern Europe, prayer resources and more.

Thank you for your solidarity and prayers for the people of Ukraine. Blessed Michael McGivney, Defender of the Widow and Orphan, pray for us.

Polar Plunge 2024 is in the Books

By SK Paul Kuracz

Father Zach's First Plunge and Amazing Substitutes



Father Zach, SK Bobbie Sullivan, SK Jim Voltaire and SK Joe Ameigh taking the 2024 Polar Plunge

The 2024 Polar Plunge is in the books! On cool February morning, SK Bobbie Sullivan, Father Zach, and last-minute substitutes SK Jimmy Voltaire and SK Joe Ameigh took a dive in the low 60-degree water on February 9th! I will always be grateful to Jimmy and Joe to fill in for me while I was recovering from surgery. The event took place at the Sullivans' home and was witnessed by members of the Ladies Auxiliary and Grand Navigator John Pechar. The ladies made sure the water was at proper temperature by adding a bag of ice to the pool water prior to the plunge! With your help, Team Ascension Polar Plungers was able to raise \$2362.00. We are one of the top 10 fundraising teams for the 2024 Orlando Polar Plunge! Thank you for an amazing year! Please take time to thank Father John and Zach for their continued support. Our next event will be Summer Games on March 9th at Holy Trinity.



Left SK Bobbie Sullivan, Father Zach, Jim Voltaire and Joe Ameigh before taking the plunge. Right, Father Zach giving the thumbs up after taking the plunge with his cossock and polar bear hat!

You can view the video [here](#)



The Litany of Trust

From the belief that I have to earn Your love, Deliver me, Jesus.

From the fear that I am unlovable, Deliver me, Jesus.

From the false security that I have what it takes, Deliver me, Jesus.

From the fear that trusting you will leave me more destitute, Deliver me, Jesus.

From all suspicion of your words and promises, Deliver me, Jesus.

From the rebellion against childlike dependency on You, Deliver me, Jesus.

From refusals and reluctances in accepting Your will, Deliver me, Jesus.

From anxiety about the future, Deliver me, Jesus.

From resentment or excessive preoccupation with the past, Deliver me, Jesus.

From restless self-seeking in the present moment, Deliver me, Jesus.

From disbelief in Your love and presence, Deliver me, Jesus.

From the fear of being asked to give more than I have, Deliver me, Jesus.

From the belief that my life has no meaning or worth, Deliver me, Jesus.

From the fear of what love demands, Deliver me, Jesus.

From discouragement, Deliver me, Jesus.

That You are continually holding me, sustaining me, loving me, Jesus, I trust in You.

That Your love goes deeper than my sins and failings and transforms me, Jesus, I trust in You.

That not knowing what tomorrow brings is an invitation to lean on You, Jesus, I trust in You.

That You are with me in my suffering, Jesus, I trust in You.

That my suffering, united to Your own, will bear fruit in this life and the next, Jesus, I trust in You.

That You will not leave me orphan, that You are present in Your Church, Jesus, I trust in You.

That Your plan is better than anything else, Jesus, I trust in You.

That You always hear me and in Your goodness always respond to me, Jesus, I trust in You.

That You give me the grace to accept forgiveness and to forgive others, Jesus, I trust in You.

That You give me all the strength I need for what is asked, Jesus, I trust in You.

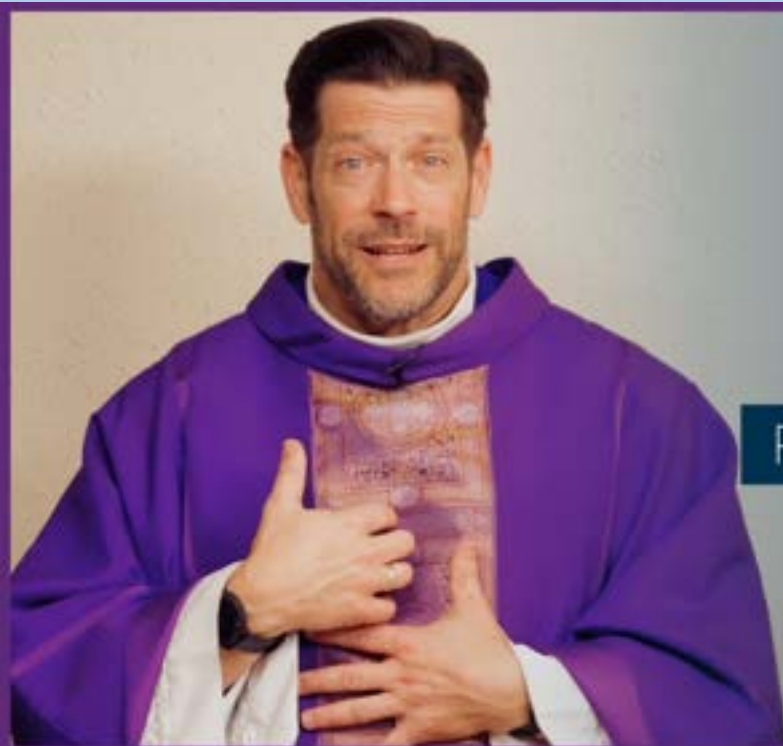
That my life is a gift, Jesus, I trust in You.

That You will teach me to trust You, Jesus, I trust in You.

That You are my Lord and my God, Jesus, I trust in You.

That I am Your beloved one, Jesus, I trust in You.

Amen.



WHO'S ASKING?

FR. MIKE'S HOMILY

Download the Ascension App this Lent and watch Fr. Mike's homilies and Lenten Companion reflections with Fr. Mark Toups.

Download Now!



[Download the Ascension App](#)

LEARN THE LITURGY OF THE HOURS





Ascension Catholic School

Congratulations to our 2nd Trimester Christian Witness Award Winners! Our Christian Witness Award celebrates students who are chosen by their peers and who demonstrate the Love of Christ in their daily lives by their willingness to learn and help others, by showing kindness, and applying Christian principles at school.



**Ash
Wednesday**





🙏 **Prayer Requests** 🙏

Recently Deceased

Brother Jim Ayers

Robert — Deceased son of SK Ralph Caristia

Healthcare Providers and First Responders Worldwide

Service Men and Women serving our Country Worldwide

Victims of Hurricanes, Tornadoes, Fires and other Natural Disasters

Refugees and others suffering from the Terrorist Attack in Israel, the invasion of Ukraine and loss of life in other war-torn areas

All those in need of prayers for health issues

WRA SK Gerry Grillo

SK Marc Worchel

SK Werner Schulz

SK John Harter

SK Ralph Carestia

SK Joe “Giuseppe” Tocco

SK Robert Parker

SK John DeStefon

Brother Bill and Betsy Hampton

Lady Jan O'Bryan-Wilson

Lady Kathy Ameigh

Lady Phyllis Ceravolo

Sister Maureen Cannon

Eloise Webster — mother of SK Philip Webster

Jacob — Son of WRA SK Gerry “Gorgeous” Grillo

All Those Men in Formation for the Sacrament of Holy Orders — Priest and Deacon

Michael Ancitil

Greg Lambert

SK Rob Light

Prayer for Blessed Michael McGivney

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Blessed Michael McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue, may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify Blessed Michael McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (here make your request). Through Christ our Lord. Amen.



Power Rosary



My Brothers and Sisters,

Monthly Power Rosary — Power Rosary every 3rd Thursday with SK Joe “Giuseppe” Tocco — immediately before the membership meeting in Our Ladies Chapel — 6PM. Contact Brothers Joe or SK Bobby Sullivan if you want to be a reader for one of the Power Rosaries.

They sought strength in solidarity, and security through unity of purpose and devotion to a holy cause: they vowed to be defenders of their country, their families and their faith.

These men were bound together by the ideal of Christopher Columbus, the discoverer of the Americas, the one whose hand brought Christianity to the New World. Their efforts came to fruition with the incorporation of the Knights of Columbus on March 29, 1882

We are the Knights of Columbus

Behold, how good and how pleasant it is for brothers to dwell together in unity! (Psalm 133:1)





**Knights of Columbus
Council 14573
Ascension Catholic Community
2950 N. Harbor City Blvd
Melbourne, Florida 32935**



Teaching About Fasting When you fast, do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting. Amen, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, so that you may not appear to others to be fasting, except to your Father who is hidden. And your Father who sees what is hidden will repay you. (Matthew 6:16-18)

Editor
SK Bob Richmond
bobr52@gmail.com

**We Support Catholic
Radio**



 **Kelly Ford**

GORGEOUS GRILLIO
Assistant Used Car Manager

775 Magnolia Avenue
Melbourne, Florida 32935
gorgiousgrillio@aol.com

(321) 254-4283 Ext. 1800
Cell (321) 652-2266